Troy Community Center

3179 Livernois: Control Desk - 248.526.2655

Residents, business employees and non-residents (as of 3/2/09) are eligible to purchase a Recreation Pass at the Troy Community Center. The facility includes three fitness rooms, an indoor aquatic center, gymnasium, locker rooms, dance and aerobic studios, a child care room, and vending area. Affordable passes are available for purchase at the Community Center.

Recreation Pass Information

Passes can be purchased at the Recreation Control Desk.

<u>Recreation Pass</u> – Allows unlimited use of the recreation areas (pool, gymnasium, fitness room, locker rooms) during "open use" times. Special discounts are available to low income or permanently disabled residents. Contact the Community Center Front Desk for more information

<u>Matinee Recreation Pass</u> – Access to the recreation areas is limited to Monday-Friday from 8 am to 3 pm.

Single Month Pass – Valid for one month from the date of purchase.

<u>Summer Pass</u> – Valid for use between May 1 and September 11 and is ideal for students during summer break.

<u>Daily Pass</u> – Provides access for the day the pass is sold. Group rates exist for 20 or more patrons provided a resident is the sponsor.

<u>Punch Cards</u> – The punch cards consist of 10 daily passes and are priced at discount from the normal daily rates.

Admittance Policy

- When purchasing any type of recreation pass for the first time, patrons must complete an application and have proof of residency or employment in Troy or they will be classified a non-resident. A parent or guardian must sign for persons 18 or younger except if purchasing a daily pass.
- The recreation pass can be purchased with an annual payment or through a monthly EFT payment plan (4 months due at enrollment) associated with a checking account or credit card (Visa or MasterCard).
- The "open use" recreation times will be posted quarterly.
- Children under 10 must be accompanied and supervised by an individual 16 or older in all areas of the Community Center. If using the pool, the guardian must be dressed to get in the water with children under 10.
- Children under 3 are admitted free with a paying adult.
- The minimum age to use the fitness room is 13. A fitness room orientation is required for this age and can be scheduled at the Recreation Control Desk (248.526.2655).

Pass Promotions

- **Senior Fridays** On Friday mornings, daily passes are \$3 to use the pool (8-10 am) and fitness room/gym (8-11:30 am).
- **February 14** On Valentine's Day, spend time with your significant other and get a day pass for free with the purchase of another day pass.

- St. Patrick's Day (March 17) Wear green and your daily pass will be half price.
- Tax Day (April 15) Celebrate as daily passes are half price.
- Mothers Day (May 10) Bring in a picture of your child and mothers can visit the Community Center for free. If you want to share your special day with your children, they will also receive a 50% discount on the daily pass rate.

Recreation Pass Fees

Pass Type	Resident	Non- Resident Employee	Non-Resident effective 3/2/09
Recreation Pass - Adult	\$18/month \$216/year	\$22/month \$264/year	\$28/month \$336/year
Recreation Pass -Youth (ages 3-17)	\$9/month \$108/year	\$11/month \$132/year	\$14/month \$168/year
Recreation Pass - Senior (age 60 and older)	\$16.25/month \$192/year	N/A	N/A
Matinee Pass (M-F, 8 am-3 pm)	\$13.75/month \$165/year	\$16.50/month \$198/year	\$21/month \$252/year
Corporate Pass (10 pass minimum)		\$2,640/year	
Single Month Pass	\$33	\$44	\$50
Summer Pass (May 1- Sept 11)	\$75	\$99	\$113
Daily Pass - Child under 3	Free	Free	Free
Daily Pass - Youth (3-12)	\$5	\$8	\$10
Gym Pass (Troy HS students) see gym schedule	\$3	N/A	N/A
Daily Pass -Adult (13 and older)	\$7	\$8	\$10
Group (20 or more)	\$5	\$5	\$5
Daily Pass Booklet and Punch Card	see below	see below	\$80
Youth Punch Card (3-12 yrs)	\$30	\$70	\$80
Adult Punch Card (13 and older)	\$50	\$70	\$80





For more information about the Community Center and Recreation Passes, visit our website at:

www.troymi.gov/parksrec/
communitycenter

Spring Recreation Schedule - March 1 - June 15*

Day/Activity	Adult Volleyball	Misc. Activities	Badminton	Basketball	High School Open Basketball	Pass Holder Recreation
Monday	8-10:25 pm		6-9 am	11:30 am-10:30 pm	2:30-5:30 pm	6-10:30 am 1:30-4 pm
Tuesday			8:30-10:25 pm	6 am-10:30 pm	2:30-5:30 pm	6-8:45 pm 2-4 pm
Wednesday		7-9:55 pm Pickleball	6-9 am	6-9:30 am 11:30 am-4 pm	2:30-5:30 pm	2-4 pm 6-10:30 pm
Thursday		9-10:30 am Badminton	8:30-10:25 pm	6 am-10:30 pm	2:30-5:30 pm	6-10:30 am 2-4 pm 6-8:30 pm
Friday	8-10:25 pm	11am-12:30 pm Pickleball	Senior Drop In 6-9 am		2:30-5:30 pm	1:30-4 pm
Saturday				8 am-6:30 pm		6:30-9 pm
Sunday		6-8 pm Pickleball**	3-5:55 pm	9 am-6 pm		9-11 am

^{*}Schedule is tentative as some activities may be cancelled or times altered due to other functions/activities.

Fitness Room

The fitness rooms contain 58 pieces of cardiovascular equipment, weight training machines, and free weights including bench press stations, squat racks, and dumbbells up to 100 lbs. Commercial free music is provided and 11 televisions are available for use with a personal radio and headphones.

Fitness Room Hours of Operation

Monday-Friday: 5:30 am - 10:30 pm

Saturday: 8 am - 9 pm Sunday: 9 am - 6 pm

Holiday Hours

April 10 (Good Friday) – Fitness Room: 5:30 am - 5 pm, Lap Swim and Therapy Pool: 6-10 am, Leisure Pool: 10 am - 5 pm.

April 12 (Easter) - Community Center Closed

May 25 (Memorial Day) – Fitness Room: 8 am - 2 pm, Lap Swim and Therapy Pool: 8-10 am, Leisure Pool: 10 am - 1:30 pm.

See Pool schedule on page 36 for extended hours during spring break.

Kids Korner- Closed April 10 and 11 and May 23-25

The Teen Scene – Grades 6-12 are Free

Troy teens and their guests can play billiards, foosball, shuffleboard, air hockey, and video games (Nintendo Game Cube) and watch movies or TV on the BIG SCREEN TV. Advance registration is required. Forms are available at the Administrative Desk and online at: www.troymi.gov

School Year Hours:

Monday-Friday: 2:30-9 pm Saturday: 9 am - 4 pm

Personal Trainers

Whatever fitness goals you seek, this program will get you there! Our personal training staff will design a program precisely to meet your needs, from losing weight, to gaining muscle, from diet management, to improving endurance in addition to monitoring your workout. Our trainers also have custom group programs for teens. All trainers are certified and dedicated to the promotion of a healthy lifestyle. Call or stop by today to find out more. Day and evening appointments are available. Call 248.526.2657 to schedule yours today!

Massage Therapy

Are you stressed, injured, or an athlete in training? Or, do you just need to pamper yourself? The Troy Community Center is now offering Massage Therapy, an alternative way to treat your body. Kim Francis, a nationally



certified therapist, specializing in Sport and Rehabilitative Massage is also experienced in Swedish Massage. To schedule an appointment, visit the Recreation Control Desk or call 248.526.2655.

Massage Therapy Price List	30 minute	60 minute	90 minute
Swedish Massage	\$35	\$60	\$75
Sports Massage (Deep Tissue)	\$40	\$75	\$110

Kids Korner Childcare Service

Friendly staff provides childcare for your child(ren) while you take a class or workout in the facility. Kids Korner is located directly next to the workout area for your convenience. There is a separate charge for this service. See page 42 for prices and hours of operation.

^{**}Pre-registration offered for this activity or drop in for fee of \$5 per night, payable at the Control Desk.



Troy Community Center Room Rentals

If you are looking for a place to have a business meeting, shower, banquet or special event, the Community Center has five elegantly decorated rooms that can meet your needs. The smoke and alcohol free environment at the Community Center features rooms with chandelier lighting, drop-down projection screens,

complimentary wireless internet, and a variety of rentable audiovisual equipment. The banquet room is the largest space and has a 1,600 square foot dance floor, 28' wide x 16' deep stage and space (5,000 sq. ft.) to seat approximately 300. Other more intimate rooms with seating for up to 125 are also available.

Catering for special events is available by our caterer, A & S Catering (313.525.1300), or food can be brought in (refer to the Food Policy on our web page for more details). Further information on the room reservation process, forms and to view pictures of the facility, visit: www.troymi.gov/parksrec/communitycenter

Kids Korner Babysitting Service

Kids Korner is only available to those patrons who have a class or meeting in the Community Center or who are using the Recreation areas (fitness room, pool, or gym). Our room is located directly across from the Control Desk. The parent/guardian must remain in the Community Center while the child(ren) are in the childcare room. There will be a maximum of 12 children in the room. While not state licensed, we provide well supervised play in a loving environment.

Admission: Punch cards are issued after payment, and are good for 10-one hour visits; fees must be paid in advance and are available for purchase at the front desk of the Community Center. You may purchase more than one card at a time. One time visits can be paid for at the control desk and at the front desk. (Picture I.D. required when picking up child) Parents are required to fill out a Health Card for each child in the Childcare service. Other rules apply. Please call 248.524.3484 for a brochure or stop by our room and check us out!

Hours of Operation:

Monday-Friday - 8:30 am-12:30 pm and 4-8 pm Saturday - 8:30 am-12:30 pm Sunday - closed

# of kids	Passholder	Non Passholder	One Time Visit Rate
1	\$35	\$45	\$4.50/hr
2	\$55	\$65	\$6.50/hr
each additional child	\$20	\$20	N/A
3	N/A	N/A	\$8/hr

Birthday Parties

Plan your next party at the Troy Community Center – the hassle free way! We will do all the work and you will have all the FUN!

Parties Available:

Friday 6:30-8:30 pm and 8-10 pm Saturday 11:30 am-1:30 pm; 1-3 pm; 2:30-4:30 pm Sunday 1:30-3:30 pm; 3-5 pm Not available on holiday weekends.

- Group size: 12 participants (\$11/each additional guest)
- Resident rate \$185
- Non-resident \$205
- Standard party includes one hour of gym or pool time during open swim, one hour in the party room and food consisting of pizza, ice cream, and drink. Gym use is based on availability.
- Full payment is required at the time of reservation.
- Application and payment must be submitted at least one week prior to party.

Ask about our theme party options:

- Princess
- Spiderman
- Sports
- High School Musical

New Theme Parties!

Call 248.524.3484 to reserve your next party!



Join Our...

Family Nights at the Troy Community Center Saturdays – March 14, April 11 and May 9 5-8 pm

Details are on page 32.